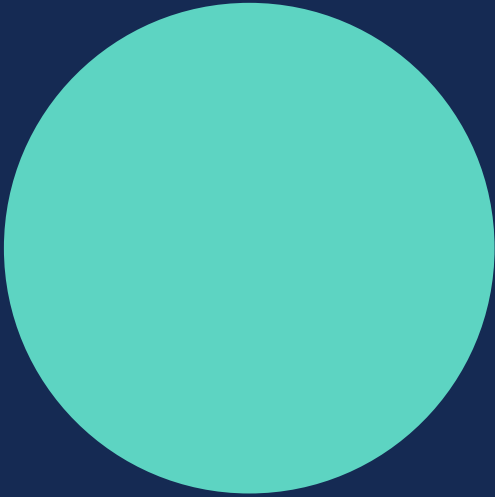
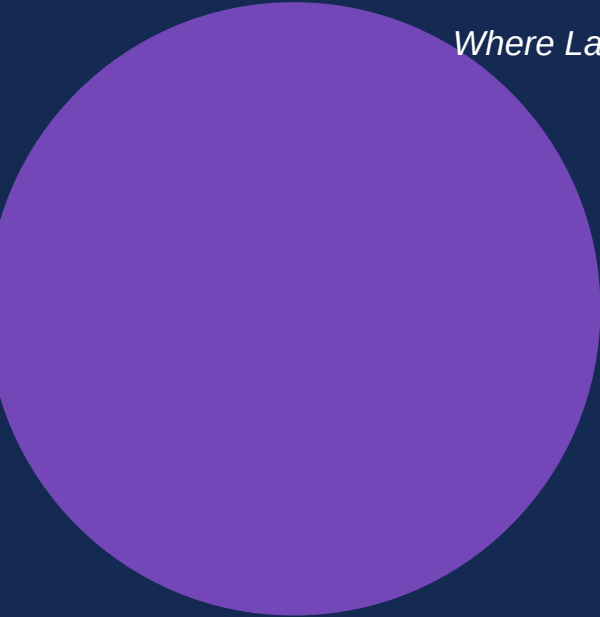




PHIL ACADEMY

Learn More About the PHIL Path

Explore • Connect • Communicate • Integrate



Where Language Becomes Human Connection

PHIL ACADEMY™

LEARN SPANISH. SPEAK WITH CONFIDENCE. OPEN NEW DOORS.

Spanish for real life, real work and real human connection.

STOP STUDYING. START SPEAKING.

You do not need more vocabulary lists. You need Spanish you can actually use.

Speak with confidence in conversations, at work and in your community. Build practical language skills while learning how to connect across cultures.

More confidence. Better opportunities. Stronger human connections.



WHY PHIL ACADEMY™?

Because language becomes powerful when you can use it. Practice Spanish from day one through real conversations, workplace scenarios and meaningful cultural experiences.

8-week levels • live practice • real scenarios • cultural labs • Spanish for Work • customized programs for organizations

YOUR PATH TO CONFIDENT SPANISH

EXPLORE

Assess level + needs

CONNECT

Build understanding + confidence

COMMUNICATE

Practice real conversations

INTEGRATE

Use language with autonomy

FOR PEOPLE

Confidence • connection • employability • cultural integration

FOR ORGANIZATIONS

Stronger teams • better service • safer, more effective communication

[TAKE THE ASSESSMENT](#) • [FIND YOUR LEVEL](#) • [START SPEAKING](#) | [POLARISHUMAN.COM](#)

PHIL Academy™

Where Language Becomes Human Connection

Powered by the Human Integration Method™ (HIM™)

OUR MISSION

We develop communication through language, culture, and human integration so individuals can connect, collaborate, and thrive in an interconnected world.

JOURNEY 1 – EXPLORE SGEL A1 BEGINNER

Español
en Marcha 1



I explore a new
language and culture.

SGEL Curriculum™

A1
BEGINNER

STUDENT PROFILE
I am beginning my journey.
I build curiosity, basic communication,
and cultural awareness.

Typical Age: Children 8+ / Teens / Adults
Class Format: In-person / Online / Blended

THE PHIL LEARNING EXPERIENCE™



**LANGUAGE
COMPETENCE**
Communicate with
clarity and confidence.



**CULTURAL
INTELLIGENCE**
Understand
traditions, values
and diversity.



**INTERCULTURAL
INTEGRATION SKILLS™**
Connect across
cultures with
empathy and respect.



**COMMUNICATION
CONFIDENCE**
Reduce anxiety
and increase
participation.



**RELATIONSHIP
BUILDING**
Create authentic
human
connections.

THE HUMAN INTEGRATION CYCLE™ Every lesson follows the same human-centered pathway.



1 NOTICE
Observe language
and culture.
Become curious.
Identify patterns.



2 REGULATE
Develop confidence.
Reduce anxiety.
Create psychological
safety.



3 INTEGRATE
Connect language to
meaning, culture, and
real-life experience.



4 ACT
Communicate
authentically in
everyday situations.
Apply and participate.



**HUMAN
INTEGRATION™**
Language becomes
connection. You become
part of the world.

CROSSWALK: SGEL A1 ↔ HIM ARCHITECTURE

SGEL A1 CONTENT (What we teach)

- Greetings & Introductions
- Personal Information
- Family & Friends
- Daily Routines
- Food & Drinks
- Shopping & Stores
- The House
- City & Places
- Free Time & Hobbies
- Weather & Seasons
- Descriptions
- Basic Grammar:
Present Tense, Articles,
Adjectives, Yes/No Questions
- Basic Vocabulary
- Listening, Reading,
Writing, Speaking Basics

HIM CONNECTED FOCUS (How we integrate)



NOTICE
Observe language and culture.
Become curious. Identify patterns.



REGULATE
Develop confidence. Reduce
anxiety. Create psychological safety.



INTEGRATE
Connect language to meaning,
culture, and real-life experiences.



ACT
Communicate authentically in
everyday situations. Apply and
participate.

8-WEEK INTEGRATED LEARNING PLAN (2 SESSIONS PER WEEK)

WEEK	SGEL A1 UNITS (En Marcha 1)	FOCUS THEMES	LANGUAGE GOALS (Students will...)	HIM CYCLE FOOLS	PHIL EXPERIENCE EXAMPLES	HIM COMPETENCIES STRENGTHENED
1	Unidad 1	Getting Started	Greet, introduce myself and others. Ask and say basic personal information.	NOTICE	Icebreakers, name games, cultural curiosity circle	Icebreakers, Basic Communication, Active Listening
2	Unidad 2	Family & Friends	Talk about family, describe people. Use basic verbs.	REGULATE	Family tree project, pair interviews	Confidence, Emotional Safety, Relationship Building
3	Unidad 3	Daily Life	Talk about daily routines and schedules.	INTEGRATE	My day timeline, habits discussion	Awareness, Self-Regulation, Time Management
4	Unidad 4	Food & Shopping	Order food, talk about preferences. Shop and ask for items.	INTEGRATE	Market role-plays, menu creation	Practical Communication, Functional Expression
5	Unidad 5	Home & Places	Describe my home and places in the city.	ACT	My ideal home presentation, city tour	Descriptive Language, Cultural Awareness
6	Unidad 6	Free Time & Hobbies	Talk about hobbies and free time activities.	ACT	Hobby showcase, interest interviews	Expressing Preferences, Social Confidence
7	Unidad 7	Weather & Seasons	Describe weather and seasons. Plan simple activities.	INTEGRATE	Weather report, seasonal calendar	Observation, Vocabulary, Context Awareness
8	Unidad 8 + Review	Review & Celebrate	Review all topics. Communicate with confidence in real situations.	ACT	Final project & celebration event	Integrated Communication, Participation, Ownership

HOW SGEL A1 INTEGRATES WITH THE HUMAN INTEGRATION ARCHITECTURE (HIM™)

SGEL A1 CURRICULUM

Academic Foundation
Provides structured language
input and progressive practice
according to international
standards.



HIM CYCLE™

Human-Centered Methodology
Provides the internal pathway
that transforms learning into
confidence, connection and
meaning.



PHIL EXPERIENCES™

Real-Life Application
Brings language to life through
experiences, projects, community
and cultural immersion.



HIM COMPETENCIES

Human Development
Strengthens communication, emotional
regulation, cultural intelligence and
participation skills.



HUMAN INTEGRATION™

The Result
Language becomes connection.
Students grow as communicators,
learners and global citizens.

OUR MASCOT – PHIL THE BULL

Phil represents strength, heart, curiosity,
and connection. He accompanies students
on every step of their journey.

¡Vamos juntos! ♥



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OUR MISSION

We develop communication through language, culture, and human integration so individuals can connect, collaborate, and thrive in an interconnected world.

JOURNEY 2 – CONNECT SGEL A2 BASIC



I connect
with people.

SGEL Curriculum™

A2 BASIC

STUDENT PROFILE

I build relationships.
I share ideas using simple Spanish.
I understand more about culture
and daily life.

Typical Age: Children 9+ / Teens / Adults
Class Format: In-person / Online / Blended

THE PHIL LEARNING EXPERIENCE™



LANGUAGE COMPETENCE

Communicate with
clarity and confidence.



CULTURAL INTELLIGENCE

Understand
traditions, values
and diversity.



INTERCULTURAL INTEGRATION SKILLS™

Connect across
cultures with
empathy and respect.



COMMUNICATION CONFIDENCE

Reduce anxiety
and increase
participation.



RELATIONSHIP BUILDING

Create authentic
human
connections.

THE HUMAN INTEGRATION CYCLE™ Every lesson follows the same human-centered pathway.



1 NOTICE

Observe social
interactions and
cultural cues.
Identify patterns.



2 REGULATE

Manage emotions.
Build confidence,
strengthen
communication safety.



3 INTEGRATE

Connect language to
meaning, culture, and
real-life experiences.



4 ACT

Communicate
with purpose in
everyday situations.
Apply and participate.



HUMAN INTEGRATION™

Language becomes
connection.
You become part
of the world.

8-WEEK INTEGRATED LEARNING PLAN (2 SESSIONS PER WEEK)

WEEK	SGEL A2 UNITS (En Marcha 2)	FOCUS THEMES	LANGUAGE GOALS (Students will...)	HIM CYCLE FOCUS	PHIL EXPERIENCE EXAMPLES	HIM COMPETENCIES STRENGTHENED
1	Unidad 1	Family & Relationships	Talk about family, relationships and describe people.	NOTICE	Family tree project, pair interviews	Social Confidence, Active Listening, Empathy
2	Unidad 2	Hobbies & Free Time	Describe hobbies and free time activities.	REGULATE	Hobby showcase, interest interviews	Emotional Regulation, Confidence, Self-Awareness
3	Unidad 3	Daily Activities	Talk about daily routines and habits.	INTEGRATE	My day timeline, habits discussion	Time Management, Routine Building, Vocabulary
4	Unidad 4	School & Work	Discuss school subjects, work and responsibilities.	INTEGRATE	School survey, career role-play	Communication Skills, Goal Setting, Collaboration
5	Unidad 5	Health & Well-being	Talk about health, body, and healthy habits.	ACT	Healthy lifestyle campaign, well-being challenge	Health Communication, Self-Care, Initiative
6	Unidad 6	Food & Restaurants	Order food, talk about diet and preferences.	ACT	Restaurant role-play, menu creation	Practical Communication, Functional Expression
7	Unidad 7	Travel & Transportation	Describe travel plans and transportation.	INTEGRATE	Travel itinerary project, map activities	Planning, Problem Solving, Cultural Awareness
8	Unidad 8 + Review	Review & Celebrate	Review all topics and communicate in real-life contexts.	ACT	Final project: My experience in my community	Integrated Communication, Participation, Ownership

HOW SGEL A2 INTEGRATES WITH THE HUMAN INTEGRATION ARCHITECTURE (HIM™)

SGEL A2 CURRICULUM

Academic Foundation
Provides structured language input and progressive practice according to international standards.

+

HIM CYCLE™

Human-Centered Methodology
Provides the internal pathway that transforms learning into confidence, connection and meaning.

+

PHIL EXPERIENCES™

Real-Life Application
Brings language to life through projects, community experiences and cultural immersion.

+

HIM COMPETENCIES

Human Development
Strengthens communication, emotional regulation, cultural intelligence and participation skills.

=

HUMAN INTEGRATION™

The Result
Language becomes connection. Students grow as communicators, members of communities and global citizens.

OUR MASCOT – PHIL THE BULL

Phil represents strength, heart, curiosity, and connection. He accompanies students on every step of their journey.

¡Vamos juntos! ♥



CROSSWALK: SGEL A2 ↔ HIM ARCHITECTURE

SGEL A2 CONTENT (What we teach)

- Family & Relationships
- Hobbies & Free Time
- Daily Activities
- School & Work
- Health & Well-being
- Food & Restaurants
- Shopping
- Travel & Transportation
- Past Experiences
- City Life
- Descriptions of People
- Comparisons
- Basic Grammar: Present Past, Imperative, Adjective Agreement, Prepositions, Connectors
- Functional Expressions
- Listening, Reading, Writing, Speaking Practice

HIM CONNECTED FOCUS (How we integrate)



NOTICE

Observe how people communicate in daily life. Understand perspectives and intentions.



REGULATE

Manage emotions in conversations. Build empathy and strengthen communication confidence.



INTEGRATE

Connect language to relationships, routines, preferences, and cultural understanding.



ACT

Participate in conversations, make plans, express opinions, and solve everyday situations.

ASSESSMENTS & FEEDBACK

ONGOING FORMATIVE (Every week)

- ✓ Exit tickets & quick checks
- ✓ Participation & communication rubrics
- ✓ Self-reflection (What did I learn? How did I feel?)

MID-POINT ASSESSMENT (Week 4)

- ✓ Integrated quiz (vocabulary, grammar, listening)
- ✓ Short speaking task (personal information + daily life)
- ✓ Mini-project: My Routine / My World

FINAL ASSESSMENT (Week 8)

- ✓ Comprehensive skills test (listening, reading, writing, speaking)
- ✓ Real-life task: Plan an outing / Invite a friend
- ✓ Reflection: My learning journey

FEEDBACK APPROACH

Celebrate progress • Build confidence • Set next goals
Focus on growth, not perfection.



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OUR MISSION

We develop communication through language, culture, and human integration so individuals can connect, collaborate, and thrive in an interconnected world.

JOURNEY 3 – COMMUNICATE SGEL B1 INTERMEDIATE



I communicate with confidence.

SGEL Curriculum™

B1

INTERMEDIATE

STUDENT PROFILE

I communicate with autonomy.
I share ideas, opinions, and experiences.
I understand and participate in real-life situations.



Typical Age: Teens / Adults
Class Format: In-person / Online / Blended

THE PHIL LEARNING EXPERIENCE™



LANGUAGE COMPETENCE
Express ideas clearly and confidently.



CULTURAL INTELLIGENCE
Understand perspectives, values, and social context.



INTERCULTURAL INTEGRATION SKILLS™
Connect across cultures with empathy and respect.



COMMUNICATION CONFIDENCE
Speak with confidence and adapt to others.



RELATIONSHIP BUILDING
Build trust and collaborate effectively.

THE HUMAN INTEGRATION CYCLE™ Every lesson follows the same human-centered pathway.



1 NOTICE
Observe contexts and perspectives. Gather information and recognize cues.



2 REGULATE
Manage emotions and reactions. Strengthen confidence and communication strategies.



3 INTEGRATE
Connect ideas, experiences, and language. Build meaning and coherence.



4 ACT
Communicate purposefully. Lead, collaborate, and create solutions.



HUMAN INTEGRATION™
Language empowers connection, contribution, and transformation.

8-WEEK INTEGRATED LEARNING PLAN (2 SESSIONS PER WEEK)

WEEK	SGEL B1 UNITS (En Marcha 3)	LANGUAGE GOALS (Students will...)	HIM CYCLE FOCUS	PHIL EXPERIENCE EXAMPLES	HIM COMPETENCIES STRENGTHENED
1	Unidad 1	Talk about routines, habits and responsibilities.	NOTICE	My day timeline, habit interviews	Awareness, Observation, Time Management
2	Unidad 2	Describe hobbies and leisure activities.	REGULATE	Hobby showcase, interest survey	Emotional Regulation, Self-Awareness, Confidence
3	Unidad 3	Describe travel experiences and plans.	INTEGRATE	Travel itinerary project	Planning, Vocabulary, Cultural Understanding
4	Unidad 4	Discuss habits, health, and lifestyle choices.	INTEGRATE	Healthy lifestyle challenge	Goal Setting, Communication, Self-Care
5	Unidad 5	Talk about job roles, studies and goals.	ACT	Career fair role-play, future plans presentation	Professional Communication, Leadership, Initiative
6	Unidad 6	Explain environmental issues and social topics.	ACT	Eco-project, community actions	Social Responsibility, Critical Thinking, Collaboration
7	Unidad 7	Express and defend opinions in discussions.	INTEGRATE	Debate club, opinion polls	Critical Thinking, Perspective Taking, Empathy
8	Unidad 8 + Review	Review all topics and communicate with autonomy.	ACT	Final project & reflection celebration	Integrated Communication, Participation, Ownership

Each week includes: Vocabulary • Grammar in context • Listening • Reading • Speaking • Writing • Culture • HIM Integration

CROSSWALK: SGEL B1 ↔ HIM ARCHITECTURE

SGEL B1 CONTENT (What we teach)

- Daily Life & Routines
- Work & Studies
- Travel & Vacations
- Health & Lifestyle
- Technology & Media
- Environment & Society
- Past Events & Experiences
- Future Plans & Goals
- Opinions & Arguments
- Relationships & Emotions
- Descriptions & Narratives
- Comparisons & Preferences
- Complex Grammar: Past Tense, Subjunctive, Conditionals, Connectors
- Functional Expressions
- Listening, Reading, Writing, Speaking Practice

HIM CONNECTED FOCUS (How we integrate)



NOTICE
Observe multiple perspectives. Understand deeper meaning and implications.



REGULATE
Manage emotions in discussions. Build confidence to express and listen with respect.



INTEGRATE
Connect ideas and experiences. Build coherent arguments and cultural understanding.



ACT
Express ideas clearly. Participate in debates, projects, and real-life communication.

ASSESSMENTS & FEEDBACK

ONGOING FORMATIVE (Every week)

- ✓ Exit tickets & quick checks
- ✓ Participation & communication rubrics
- ✓ Self-reflection (What did I learn? How did I grow?)

MID-POINT ASSESSMENT (Week 4)

- ✓ Integrated quiz (vocabulary, grammar, listening)
- ✓ Short speaking task (personal information + daily life)
- ✓ Mini-project: My Routine / My World

FINAL ASSESSMENT (Week 8)

- ✓ Comprehensive skills test (listening, reading, writing, speaking)
- ✓ Real-life task: Plan a trip / Present a social project
- ✓ Reflection: My learning journey

FEEDBACK APPROACH

Celebrate progress • Build confidence • Set next goals
Focus on growth, not perfection.



HOW SGEL B1 INTEGRATES WITH THE HUMAN INTEGRATION ARCHITECTURE (HIM™)

SGEL B1 CURRICULUM

Academic Foundation
Provides structured language input and progressive practice according to international standards.



HIM CYCLE™

Human-Centered Methodology
Provides the internal pathway that transforms learning into confidence, connection and meaning.



PHIL EXPERIENCES™

Real-Life Application
Brings language to life through projects, discussions, community engagement and real-world challenges.



HIM COMPETENCIES

Human Development
Strengthens communication, emotional regulation, cultural intelligence and participation skills.



HUMAN INTEGRATION™

The Result
Language becomes connection. Students grow as communicators, collaborators and global citizens.

OUR MASCOT – PHIL THE BULL

Phil represents strength, heart, curiosity, and connection. He accompanies students on every step of their journey.

¡Vamos juntos! ♥



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OUR MISSION

We develop communication through language, culture, and human integration so individuals can connect, collaborate, and thrive in an interconnected world.

JOURNEY 4 – INTEGRATE SGEL B2 UPPER INTERMEDIATE



I integrate across
cultures and
communities.

SGEL Curriculum™

B2

UPPER INTERMEDIATE

STUDENT PROFILE

I communicate naturally across cultures.
I express ideas with purpose, leadership,
and intercultural sensitivity.
I participate as a global citizen.



Typical Age: Teens / Adults
Class Format: In-person / Online / Blended

THE PHIL LEARNING EXPERIENCE™



LANGUAGE COMPETENCE

Use language accurately, fluently, and effectively.



CULTURAL INTELLIGENCE

Understand cultures, beliefs, and worldviews.



INTERCULTURAL INTEGRATION SKILLS™

Connect across cultures with empathy and respect.



COMMUNICATION CONFIDENCE

Express ideas clearly and influence positively.



RELATIONSHIP BUILDING

Build meaningful relationships and lead collaborative initiatives.

THE HUMAN INTEGRATION CYCLE™ Every lesson follows the same human-centered pathway.



1 NOTICE

Observe complex real-life contexts. Analyze perspectives and implications.



2 REGULATE

Manage reactions and emotions. Build confidence to express ideas with respect.



3 INTEGRATE

Connect knowledge, values, and experiences. Synthesize ideas and solve problems.



4 ACT

Communicate with purpose and impact. Lead, collaborate, and create change.



HUMAN INTEGRATION™

Language becomes leadership.
You become part of the world.

8-WEEK INTEGRATED LEARNING PLAN (2 SESSIONS PER WEEK)

WEEK	SGEL B2 UNITS (En Marcha 4)	LANGUAGE GOALS (Students will...)	HIM CYCLE FOCUS	PHIL EXPERIENCE EXAMPLES	HIM COMPETENCIES STRENGTHENED
1	Unidad 1	Discuss global challenges and express informed opinions.	NOTICE	News analysis, perspective discussions	Critical Thinking, Awareness, Context Analysis
2	Unidad 2	Describe career paths and education systems.	REGULATE	Career fair role-play, interview practice	Emotional Regulation, Self-Confidence, Goal Setting
3	Unidad 3	Present business ideas and analyze case studies.	INTEGRATE	Business case project, pitch development	Problem Solving, Planning, Collaboration
4	Unidad 4	Explain cultural practices and their significance.	INTEGRATE	Cultural comparison project, debates	Cultural Intelligence, Perspective Taking
5	Unidad 5	Describe innovations and their impact on society.	ACT	Innovation expo, solution proposal	Leadership, Initiative, Communication
6	Unidad 6	Discuss environmental issues and sustainable actions.	ACT	Eco-campaign design, community action plan	Responsibility, Influence, Creative Action
7	Unidad 7	Evaluate media and create persuasive messages.	INTEGRATE	Podcast project, media analysis	Media Literacy, Argumentation, Adaptability
8	Unidad 8 + Review	Synthesize learning and present vision for the future.	ACT	Final project: My impact on the world	Integrated Communication, Purpose, Ownership

Each week includes: * Vocabulary * Grammar in context * Listening * Reading * Speaking * Writing * Culture * HIM Integration

CROSSWALK: SGEL B2 ↔ HIM ARCHITECTURE

SGEL B2 CONTENT (What we teach)

- Current Events & Society
- Global Issues
- Education & Careers
- Business & Professional Life
- Culture & Traditions
- Travel & Immigration
- Science & Technology
- Environment & Sustainability
- Media & Communication
- Arts & Literature
- Opinions & Debates
- Hypothesis & Possibilities
- Complex Narratives
- Advanced Grammar: Past Perfect, Subjunctive, Advanced Conditionals, Passive Voice
- Functional Expressions
- Listening, Reading, Writing, Speaking Practice

HIM CONNECTED FOCUS (How we integrate)

- NOTICE**
Analyze global issues and diverse viewpoints. Understand systems, causes, and consequences.
- REGULATE**
Manage complexity and ambiguity. Regulate emotions in discussions and high-stakes situations.
- INTEGRATE**
Integrate ideas, perspectives, and data. Build coherent arguments and propose solutions.
- ACT**
Take action. Present solutions, influence others, and lead collaborative projects.

ASSESSMENTS & FEEDBACK

ONGOING FORMATIVE (Every week)

- ✓ Exit tickets & quick checks
- ✓ Participation & communication rubrics
- ✓ Self-reflection (What did I learn? How did I grow?)

MID-POINT ASSESSMENT (Week 4)

- ✓ Integrated quiz (vocabulary, grammar, listening)
- ✓ Short speaking task (personal information + daily life)
- ✓ Mini-project: My Routine / My World

FINAL ASSESSMENT (Week 8)

- ✓ Comprehensive skills test (listening, reading, writing, speaking)
- ✓ Real-life task: Plan a project / Lead a campaign
- ✓ Reflection: My learning journey

FEEDBACK APPROACH

Celebrate progress • Build confidence • Set next goals
Focus on growth, not perfection.



HOW SGEL B2 INTEGRATES WITH THE HUMAN INTEGRATION ARCHITECTURE (HIM™)

SGEL B2 CURRICULUM Academic Foundation

Provides advanced language input and progressive practice according to international standards.



HIM CYCLE™ Human-Centered Methodology

Provides the internal pathway that transforms learning into confidence, connection and meaning.



PHIL EXPERIENCES™ Real-Life Application

Brings language to life through projects, leadership opportunities, community engagement and cultural immersion.



HIM COMPETENCIES Human Development

Strengthens communication, emotional regulation, cultural intelligence and participation skills.



HUMAN INTEGRATION™ The Result

Language becomes connection. Students grow as communicators, leaders and global citizens.

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